



EM 39 Abdominal and Back Muscle Belt

 german
engineering



EMS
technology

Electrical muscle stimulation
(EMS) for stomach and back



function
2-in-1

Accompanying training of the
central abdominal muscles
and the lower back muscles



water
contact
electrodes
4x

4 Electrodes with water contact
(no contact gel, no wearing electrodes)



Stimulation of front abdominal and lower back muscles

4 electrodes (2 x abdominal & 2 x back)

Easy to use

Flexible adjustable

Flexible stomach belt for waist sizes from 30 to max. 51 in
(75 to max. 130 cm)

Flexible ergonomic shape

LCD display with figurative symbols

5 training programs (22 to 31 min)

Intensity adjustable from 0 up to 40

Countdown timer with remaining time

Training memory function for continuous training control

Safety switch-off/ pause function/ automatic switch-off/ key lock

variable control element

Belt hand washable

Battery changing indicator

The device must not be used by users of cardiac pacemakers, epileptics,
pregnant woman, people with cardiac arrhythmias

Output voltage max. 70V p-p (500 Ohm load)

Output current: max. 140 mA p-p (500 Ohm load)

Output frequency: 30–80Hz

Pulse width: 200 μ s per phase

Pulseform: symmetrical, dual-phase square pulses

Incl. 3 x 1.5V batteries AAA

Product measurements control element (LxWxH): 8.8 x 9.1 x 2.2 cm

Product weight: approx. 350g (without batteries)

3 year guarantee

Sales unit: 3 / Shipping carton: 6 x 3

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