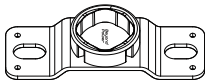


Fixed Rack Mount

User Manual

*Beyond
Power*

In the Box



Fixed Rack Mount User Manual

Fixed Rack Mount × 2

User Manual × 1



1" - 8×5-1/2" Bolt × 4

or



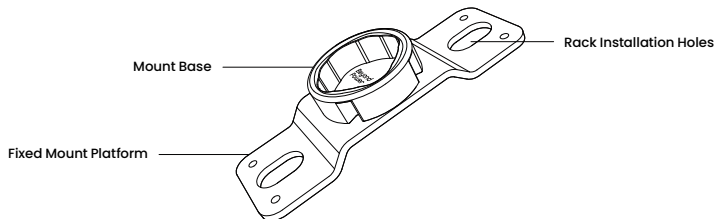
5/8" - 11×5-1/2" Bolt
× 4



Wrench × 2

You may order 1" - 8×5-1/2" Bolts or 5/8" - 11×5" Bolts for your needs. Check if all the following items are included in the packaging. If any item is missing, contact Beyond Power or the local distributor by <https://www.beyond-power.com/support> or by email at support@beyond-power.com.

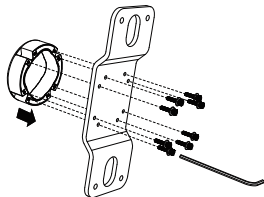
Component Introduction



Specifications

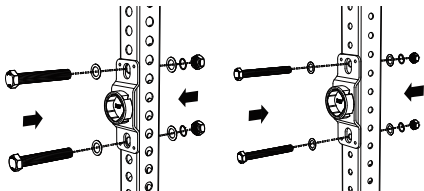
Dimensions (L × W × H)	3.42 × 9.84 × 1.85 inches
Weight	2.32 lbs
Compatibility	Rack Hole Size: ≥ 5/8 inches

Assembly

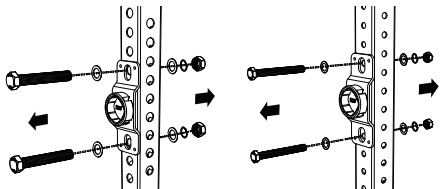


1. Use the screwdriver (included) to assemble the Fixed Rack Mount, as shown in the figure on the left.

Installation



1. Use a wrench (included) to install the $1'' - 8 \times 5 - 1/2''$ Bolts or $5/8'' - 11 \times 5 - 1/2''$ Bolt $\times 4$ to rack, as shown in the left figures.



2. Use a wrench (included) to remove these Bolts from the rack, as shown in the left figures.

If you do not understand these instructions or have doubts about the safety of the installation, assembly, or use of the fixed mount, contact Beyond Power Customer Support via:
<https://www.beyond-power.com/support> or by email at support@beyond-power.com.

Warranty

The warranty period for this product is from the date of your initial retail purchase. For detailed after-sales service procedures and warranty terms, please visit <https://www.beyond-power.com/warranty>.

General Information

The Fixed Rack Mount is part of Beyond Power's AnyMount™ Series – a basic solution without compromising on stability. The fixed rack mount securely attaches to the designated position on the rack, with two screws to fasten, ensuring a sturdy and dependable installation. Its strong and durable design serves as a permanent fixture for your VOLTRA I, thereby consistently enhancing performance and promoting safety during training sessions.

For your safety, and to ensure the best experience and maximum gains, it is critical that you read and understand this manual before you begin using the fixed rack mount. If you are unsure about anything, it is recommended to stop using the product and consult the help manual or seek advice from a professional before continuing to use VOLTRA via our website, <https://www.beyond-power.com/support>, or by email at support@beyond-power.com.

Subject to compliance with laws and regulations, Beyond Power has the ultimate right to interpret the relevant documents of this product. When updated, revised, or terminated, no further notice will be given. Please visit the official Beyond Power website for the latest product information.

Important Safety Information

Minors

1. The fixed mount is designed for individuals aged 18 and older. Keep children under the age of 13 away from VOLTRA I and the fixed mount.
2. Teenagers aged 16 and above may use the fixed mount under direct adult supervision if approved in advance by a physician. An adult should review all safety instructions with the minor before use.
3. Once again, keep children away from the fixed mount. It contains parts, components, and functions that can cause severe injury or even death if used irresponsibly. Ultimately you are responsible for the safety of your children and anyone else you allow to use your fixed mount.

Warning

1. It is the sole responsibility of the purchaser of Beyond Power products to read the owner's manual and instruct all individuals, whether they are the end user or supervising personnel on proper usage of the fixed mount.
2. It is recommended that the fixed mount be located in an access controlled area. Control is the responsibility of the facility owner. The extent of control is at the discretion of the owner.
3. Use the fixed mount exclusively for the purposes described in the user manual; only perform the exercises for which the fixed mount has been designed, following the instructions given in the manual. Any other use should be considered incorrect and therefore dangerous.

4. Do not allow users to wear loose fitting clothing and shoes while using the fixed mount and VOLTRA I.
5. Do not use any accessories other than those recommended by Beyond Power. Attempting to repair or replace any damaged, worn, or broken parts not approved by Beyond Power could void the warranty. Please inform Beyond Power of any problems you experience.
6. The use of fixed mounts and VOLTRA I is prohibited under the influence of alcohol, drugs, medication or sedatives.
7. Before you start exercising, check with your doctor the suitability of your workout for you, especially if you have a pacemaker or if you have other physical disabilities.
8. Stop exercising immediately if you experience nausea, dizziness or pain during your workout or after the workout, and consult your doctor.
9. This mount is not intended for use by persons with reduced physical, sensory or mental capabilities, or lack of experience and knowledge, unless they have been given supervision or instruction concerning the use of the product by a person responsible for their safety.
10. This mount is intended for indoor use only. Do not leave the fixed mount outdoors, exposed to the elements (rain, sun, wind, etc.). Do not expose the fixed mount to water jets, at altitudes above 4000 meters, or in high humidity levels.
11. For safe operation of the fixed mount and VOLTRA I, a safety zone is required: at least 83 inches (2.1 meters) on both sides of the mount. Depending on the exercise, the safety zone in front of the mount should be the length of VOLTRA I's cable. The space user needs for exercising, adding 20 inches (0.5 meters) to that as a buffer.
12. Before using the mount and VOLTRA I, make sure that there are no other people or objects within the safety zone.
13. Improper use may result in personal injury or fixed mount damage, and removes all liability from the manufacturer and will void the warranty.
14. Ensure that two screws are fully attaches to the designated position on the rack before use. Partial insertion and loose installation can cause fixed mounts to detach unexpectedly. Never unassemble the fixed mount from your rack if VOLTRA I is mounted.
15. Sudden release of Handle or other accessory will cause it to snap back uncontrollably and could result in serious injury or property damage. Maintain a firm grasp of your accessory during exercise. Ensure any hook or loop type accessories are fastened firmly before exercise. Carefully return the accessory to the start position before grip is released.
16. Never make adjustments to VOLTRA I during exercise as this may cause muscle strain. Always return the cable to the start position prior to making any adjustments to help prevent injury.
17. Do not overexert yourself or work to exhaustion. Use reasonable judgment when selecting the resistance range. Avoid using excessive resistance, which may cause injury.

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