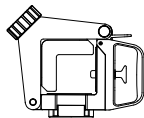


Sliding Rack Mount

User Manual

*Beyond
Power*

In the Box



Sliding Rack Mount × 1
(Default 3 × 3" Spacer)



3mm
Screwdriver
× 1



1" Adjustable Pin × 1



Spring × 2



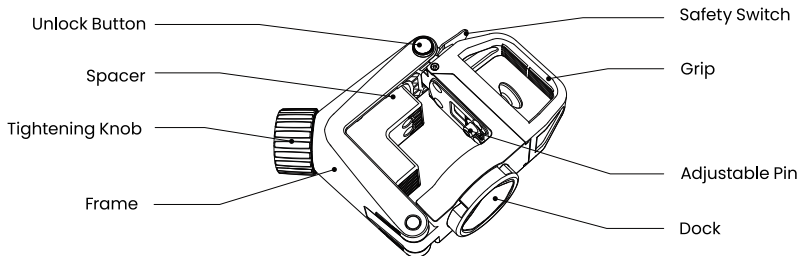
M4X12 Screw × 2



User Manual × 1

You may order other spacer for your needs, If any item is missing, contact Beyond Power or the local distributor via: <https://www.beyond-power.com/support> or by email at support@beyond-power.com for support.

Component Introduction



General Information

The Sliding Rack Mount is part of Beyond Power's AnyMount™ Series – a mount designed to be compatible with a variety of racks. It allows for effortless repositioning of VOLTRA I along your squat rack, ensuring you get diverse exercises without the need for constant adjustments.

For your safety, and to ensure the best experience and maximum gains, it is critical that you read and understand this manual before you begin using the Sliding Rack Mount. If you are unsure about anything, it is recommended to stop using the product and consult the help manual or seek advice from a professional before continuing to use VOLTRA via our website, <https://www.beyond-power.com/support>, or by email at support@beyond-power.com.

Subject to compliance with laws and regulations, Beyond Power has the ultimate right to interpret the relevant documents of this product. When updated, revised, or terminated, no further notice will be given. Please visit the official Beyond Power website for the latest product information.

Important Safety Information

Minors

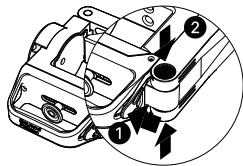
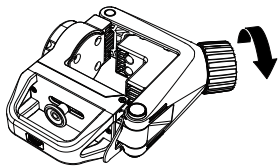
1. The Sliding Rack Mount is designed for individuals aged 18 and older. Keep children under the age of 13 away from VOLTRA and the Sliding Rack Mount.
2. Teenagers aged 16 and above may use the Sliding Rack Mount under direct adult supervision if approved in advance by a physician. An adult should review all safety instructions with the minor before use.
3. Once again, keep children away from the Sliding Rack Mount. It contains parts, components, and functions that can cause severe injury or even death if used irresponsibly. Ultimately you are responsible for the safety of your children and anyone else you allow to use your Sliding Rack Mount.

Warning

1. It is the sole responsibility of the purchaser of Beyond Power products to read the owner's manual, warning labels and instruct all individuals, whether they are the end user or supervising personnel on proper usage of the Sliding Rack Mount.
2. It is recommended that the Sliding Rack Mount be located in an access controlled area. Control is the responsibility of the facility owner. The extent of control is at the discretion of the owner.
3. These safety instructions and warnings are to be placed close to the Sliding Rack Mount in a prominent location. Safety instructions, warnings and possible dangers should be pointed out to each user of the Sliding Rack Mount. The manufacturer has no responsibility for injury or damage caused to people or property.
4. Use the Sliding Rack Mount exclusively for the purposes described in the user manual; only perform the exercises for which the sliding mount has been designed, following the instructions given in the manual. Any other use should be considered incorrect and therefore dangerous.
5. Do not allow users to wear loose fitting clothing and shoes while using the Sliding Rack Mount. It is also recommended to have users secure long hair back to avoid contact with moving parts.
6. Do not use any accessories other than those recommended by Beyond Power. Attempting to repair or replace any damaged, worn, or broken parts not approved by Beyond Power could void the warranty. Please inform Beyond Power of any problems you experience.
7. The use of Sliding Rack Mount is prohibited under the influence of alcohol, drugs, medication or sedatives.

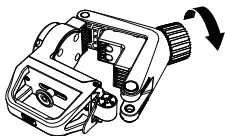
8. Before you start exercising, check with your doctor the suitability of your workout for you, especially if you have a pacemaker or if you have other physical disabilities.
9. Stop exercising immediately if you experience nausea, dizziness or pain during your workout or after the workout, and consult your doctor.
10. This product is not intended for use by persons with reduced physical, sensory or mental capabilities, or lack of experience and knowledge, unless they have been given supervision or instruction concerning the use of the product by a person responsible for their safety.
11. This product is intended for indoor use only. Do not leave the Sliding Rack Mount outdoors, exposed to the elements (rain, sun, wind, etc.). Do not expose the Mount to water jets, at altitudes above 4000 meters, or in high humidity levels.
12. For safe operation of the Sliding Rack Mount a safety zone is required: at least 83 inches (2.1 meters) on both sides of the machine. Depending on the exercise, the safety zone in front of the machine should be the length of VOLTRA I's cable. The space user needs for exercising, adding 20 inches (0.5 meters) to that as a buffer.
13. Before using the device, make sure that there are no other people or objects within the safety zone.
14. Improper use may result in personal injury or Sliding Rack Mount damage, and removes all liability from the manufacturer and will void the warranty.
15. Never drop or insert any object into any opening.
16. Keep hands, hair and feet clear at all times from moving parts to avoid injury.
17. Ensure that the adjustable pin is fully engaged into the desired position hole before use. Partial insertion can cause the Sliding Rack Mount to fall unexpectedly. Never unlock the mount from your rack if VOLTRA I is mounted.
18. When adjusting any accessories, range of motion limiter or any other type of adjuster, make certain that the adjustable pin is fully engaged in the hole to avoid injury.
19. Sudden release of Handle or other accessory will cause it to snap back uncontrollably and could result in serious injury or property damage. Maintain a firm grasp of your accessory during exercise. Ensure any hook or loop type accessories are fastened firmly before exercise. Carefully return the accessory to the start position before grip is released.
20. Never make adjustments to VOLTRA I during exercise as this may cause muscle strain. Always return the cable to the start position prior to making any adjustments to help prevent injury.
21. Do not overexert yourself or work to exhaustion. Use reasonable judgment when selecting the resistance range. Avoid using excessive resistance, which may cause injury.

Release

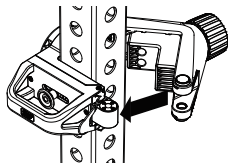


1. Turn the Tightening Knob to the loosest setting.
2. Hold down the Safety Switch with one hand (1), then use your thumb and index finger to press the Unlock Button at the same time (2), unlocking the Sliding Rack Mount.

Installation

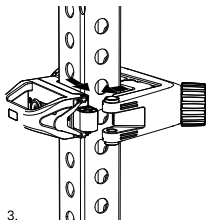


1. Turn the Tightening Knob to the loosest setting.

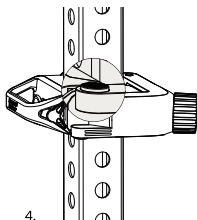


2. Install it onto a 3x3" rack.

If you aren't using a 3x3" rack or 5/8" hole's rack, you will need to replace the Spacer or the Adjustable Pin (go to the next page).



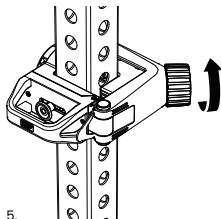
3.



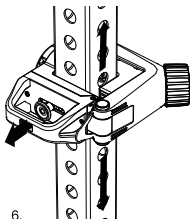
4.

3. Without touching the Safety Switch and Unlock Button, firmly clip it back into place, relocking it.

4. Check if the Unlock Button returns to the up position. If it isn't, please release and clip it back until the button pops back.



5.

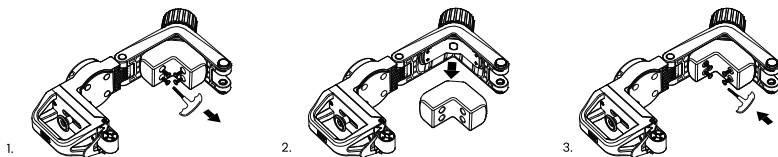


6.

5. Rotate the Tightening Knob to adjust until it is securely fixed on the rack without any play in the mount.

6. Pull out the Adjustable Pin, slide the mount up and down to your preferred position. Lock VOLTRA I and it's ready to use.

Replace the Spacer or Adjustable Pin



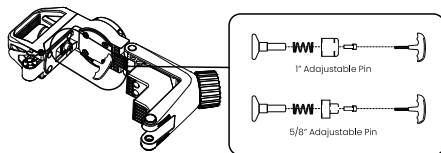
Sliding Rack Mount Spacer

Fitting Rack Tubing Range

Fitting Hole Size

2 × 2" Spacer	1.81 × 1.81 in ~ 2.59 × 2.59 in / 46 × 46 - 66 × 66 mm	5/8"-1"
3 × 3" Spacer	2.36 × 2.36 in ~ 3.18 × 3.18 in / 60 × 60 - 81 × 81 mm	5/8"-1"
4 × 4" Spacer	3.18 × 3.18 in ~ 4.05 × 4.05 in / 81 × 81 - 103 × 103 mm	5/8"-1"
2 × 3" Spacer	2 × 3 in / 50.8 × 76.2 mm	5/8"-1"
2 × 4" Spacer	2 × 4 in / 50.8 × 101.6 mm	5/8"-1"
3 × 4" Spacer	3 × 4 in / 76.2 × 101.6 mm	5/8"-1"
80 × 95 mm Spacer	3.14 × 3.74 in / 80 × 95 mm	5/8"-1"

If you are not using a 3×3" rack, replace it with the corresponding spacer, as shown in the above table, use the included screwdriver to remove the spacer from the Sliding Rack Mount.



If you need to replace the Adjustable Pin, as shown in the left diagram, use the included screwdriver to replace the 5/8" Adjustable Pin with the 1" Adjustable Pin.



* The Sliding Rack Mount is designed with four positions to adjust the position of the pin, allowing you to slide it left or right to the appropriate position to fit your rack size, shown in the right diagram.

* If you do not understand these instructions or have doubts about the safety of the installation, assembly, or use of the Sliding Rack Mount, contact Beyond Power Customer Support by <https://www.beyond-power.com/support> or by email at support@beyond-power.com.

Disclaimer and Safety Summary

This product is not a toy. Do not allow children to come into contact with this product or its parts and cable. Please take extra care when using this product in the presence of children.

This product needs to be used with Voltra that provides easy and adjustable resistance training up to 200 lbs when all components are intact and the power source is functioning properly. Beyond Power Inc. reserves the right to update this "Disclaimer and Safety Guidelines" at any time.

You should read the entire user manual and familiarize yourself with the product's functions before operating it. Incorrect operation of this product may cause serious injury to yourself or others, or damage to the product and property. While the product is easy to operate, it requires basic fitness knowledge, including understanding your maximum training strength to prevent the risk of injury during training. Without strong safety awareness, improper operation may result in product damage and property loss, or even serious injury to yourself and others. Do not use components that are not provided or recommended by Beyond Power.

Before assembly, setup, and use, be sure to visit the Beyond Power website (<https://www.beyond-power.com>) to download the "User Manual" and carefully read all instructions and warnings. You understand and agree that without training records, Beyond Power may not be able to analyze the cause of product damage or accidents, and may not be able to provide warranty or after-sales services.

Beyond Power is not responsible for any losses caused by the user's failure to follow this document or the "User Manual" when using the product.

By using this product, you are deemed to have understood, accepted, and agreed to all the terms and contents of this document. The user is responsible for their actions and all consequences therein. The user agrees to use this product solely for its intended purposes, and agrees to all the terms and contents of this document and any related policies or guidelines that may be formulated by Beyond Power.

Subject to compliance with laws and regulations, Beyond Power has the final right to interpret this document and all related documents of this product. In the event of updates, revisions, or termination, there will be no further notice. Please visit the Beyond Power official website to obtain the latest product information.

Maintenance and Routine Inspection

The highest level of safety can only be ensured if the Sliding Rack Mount is regularly inspected for damage and wear. Always check that the mount is securely fastened to rack before training (no tilt, lean, or any other movement of the mount should be detected during use). Immediately replace damaged, worn, or broken parts.

Do not remove labels for any reason. They contain important information. If unreadable or missing, contact Beyond Power for a replacement.

Clean

1. Wipe down the external body/parts of mount using a moist cloth and a mild detergent (neutral, non-caustic).
2. Wipe dry the mount base.

IMPORTANT: Do not use household or industrial cleaners as they contain caustic chemicals that can destroy the finish and cause corrosion. Use only mild detergent (neutral, non-caustic) to clean.

Inspect

1. Hardware (adjustable pin, unlock pin, safety switch) should be checked for wear or damage.
2. Grip should be checked for wear or damage.
3. Frames should be inspected for looseness. Tighten as required using metric tools.
4. Check screw on the spacer for tightness.

In case of any problems with your product, please contact Beyond Power Support by <https://www.beyond-power.com/support> or by email at support@beyond-power.com.

Warranty

The warranty period for this product is from the date of your initial retail purchase. For detailed after-sales service procedures and warranty terms, please visit <https://www.beyond-power.com/warranty>.

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